

### FIRELFY SPORTS CAMP – PARENT GUIDE

Hello Firefly Families,

Welcome to the 2022 Summer Camp! While our program is one of the most popular summer camps in Princeton, this is our first year at the Delaware Valley University and we are really excited to make this an unforgettable summer for our campers.

We created an incredible program based on friendship, supervised freedom, and fun. Campers will discover new interests, learn new skills, and play in safe, healthy, and stimulating atmosphere. While every day will have the same overall structure, children will be able to choose what they want to do and spend more time doing more of what they love. Their choices will be guided by the camp counselors who will make sure that each group will experience as many different activities as possible by the end of each week.

The entire staff is trained on basic principles of emergency first aid, proper hand washing and sanitizing practices, and proper use of PPE. Safety is always our top priority and we will continue to follow all CDC and local guidelines.

Please take a moment to review this parent guide and remember to download the 'What to bring' list from our website.



# **DAILY SCHEDULE**

8:45am - 9:00am	CAMPER DROP OFF
9:00am - 9:15am	CAMPER ORIENTATION
9:15am - 10:00am	ACTIVITY PERIOD #1
10:00am - 10:45am	ACTIVITY PERIOD #2
10:45am - 11:00am	SNACK BREAK
11:00am - 11:45am	ACTIVITY PERIOD #3
11:45am - 12:30pm	LUNCH BREAK
12:30pm - 1:15pm	ACTIVITY PERIOD #4
1:15pm - 2:00pm	ACTIVITY PERIOD #5
2:00pm - 2:45pm	ACTIVITY PERIOD #6
2:45pm - 3:00pm	CAMPER PICK-UP



### **ACTIVITY STATIONS and EVENTS**

#### **SPORTS STATION**

Tennis, Soccer, Basketball, Softball, Badminton, Pickleball, Volleyball, Table Tennis, Kickball, and more!

In addition to all the sports stations, campers will also be able to join other activity stations where we schedule a few of the more traditional summer camp options: Field Games, Four Square, Arts and Crafts, Talent Show, etc.

Each group will rotate between stations throughout the day and by the end of each week all groups of campers will go through all the stations at least once.

#### **SPECIAL EVENTS and THEMES**

Each camp week will have a special theme day and a camp-wide talent show at the end of the day on Friday.

Carnival Day
July 4<sup>th</sup> Americana
Medieval Times
Backwards Day
Camp Olympics

Treasure Hunt Winter in July Superhero Day and more!



### **CAMP GUIDELINES**

#### **DROP-OFF, PICK-UP, and AFTERCARE**

All arrival and dismissal times are listed in the daily schedule, please do not arrive before your designated time slot since there will be no staff members available to greet you. After care is available upon request.

#### WATER, FOOD, and ALLERGIES

Food will not be provided at this camp. All campers should bring a lot of snacks and a big lunch. There is no refrigeration available on site but lunchboxes will be left indoors and out of the sun. Please pack accordingly and pack more food than usual since the kids will be very active the entire time they are on campus. Campers must also bring a large water container of at least 32oz which they can refill throughout the day.

#### **WEATHER**

The camp will run rain or shine. CDC and local guidelines will be followed for all outdoor and indoor activities. <u>Click here</u> to see website for covid 19 mitigation guideline updates.

#### **MAKE UPS, CREDITS, and REFUNDS**

To find out more please <u>click here</u> to see our website for refund policy.

#### **CONTACT**

All announcements will be posted on our website and made over email so please check your inbox regularly. The best way to communicate is via email. Contact Barrie Saias, Youth Programs Coordinator at <a href="mailto:CPS@delval.edu">CPS@delval.edu</a> or 215-489-4848.



## **CALENDAR**

**Week 1:** June 20 – June 24

Week 2: June 27 – July 1

Week 3\*: July 5 – July 8

**Week 4:** July 11 – July 15

**Week 5:** July 18 – July 22

<u>Week 6:</u> July 25 – July 29

**Week 7:** Aug 1 – Aug 5

Week 4: July 5 – July 8 is a short week of only four days, there is no camp scheduled on Monday, July 4<sup>th</sup>. The price is adjusted accordingly on the registration form.